Roasted Banana & Strawberry Oatmeal Bowl

INGREDIENTS:

- ½ cup strawberries
- 1 banana, cut in 1" chunks
- 1 tsp olive oil
- 1 tbsp maple syrup
- ¼ tsp vanilla
- Nature's Path Regenerative Organic Oats or Nature's Path Organic steel cut oatmeal, prepared from side of package.
- Large coconut flakes, for topping

DIRECTIONS:

Preheat oven to 425°F/218°C. Spread strawberries and banana on a baking sheet. Drizzle with olive oil, maple syrup, and vanilla. Toss gently. Bake for 20 minutes (until bananas are golden and strawberries are syrupy.)

Top oatmeal with roasted bananas and strawberries, and a sprinkle of coconut.

BRITTANY MUELLER

Brittany Mueller is a Canadian-based vegan food blogger, recipe developer and photographer. Brittany's blog, I Love Vegan, features a delicious mix of home-style and healthy recipes perfect for vegans and the veg-curious!