

ORGANIC:

MORE THAN JUST "NATURAL"

Synthetic preservatives, binding agents, flavouring and colouring are **prohibited** in organic food processing. Cleaning agents and processing aids must meet the requirements of the permitted substance list.



**Sustainable Canadian
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ORGANIC: MORE THAN JUST A WORD

Organic is a set of production practices verified through third-party certification. Farmers and processors certify so you can be confident that you are getting what you pay for.

Organic farming is founded upon four principles: health, ecology, fairness, and care. By prioritizing plant, soil, animal, and human health, we work toward the health of a naturally sustaining planet for years to come, and promote respect for all living things. Organic farming focuses on eliminating synthetic substances that pollute water and soil from every step of the production process, in favour of naturally derived alternatives.

Organic products are processed in a way that meets strict criteria with regard to methods of production, ingredients, processing aids, and cleaning agents. When you buy organic, you are supporting a holistic system that strives to keep harmful substances out of our environments and products, for the health and wellbeing of all.

Organic means:

- The use of GE seeds or substances is not permitted
- Soil health is improved through crop rotation and organic matter inputs
- Humane treatment practices encourage animal health
- A lower energy footprint because synthetic fertilizers aren't used
- No synthetic pesticides



Sask
Organics

Organically Grown in Saskatchewan

For more information about organic: <https://saskorganics.org/>